

DATA TRANSMISSION METHOD, APPARATUS USING SAME, AND DATA  
TRANSMISSION SYSTEM

ABSTRACT OF THE DISCLOSURE

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A data transmission method able to maintain the  
quality of a transmitted image substantially same as that  
of one's own image and an apparatus using the method and  
a data transmission system, transmitting image data  
10 accommodated in a frame of a preset frame during  
communication between terminals, comprising capturing an  
image including a target image to be transmitted, making  
adjustments so that the target image to be transmitted  
from the obtained image substantially fully fills the  
15 image frame, and compressing and transmitting the  
adjusted image data in the image frame.